






FRONTIER BULLETIN



September 9, 2025 — September 15, 2025
 Frontier Elementary School 1854 N. Mustang Drive
 585-2430 ~ www.pioneerunion.org

TUESDAY 9/9	WEDNESDAY 9/10	THURSDAY 9/11	FRIDAY 9/12	MONDAY 9/15
Muffin - Banana Raisins	Cinnamon Bun Apple	Apple Frudel Cranberries	Honey Bun Fruit Cup	Cereal Banana
Grilled Cheese Sandwich Potato Tots Mixed Vegetables, 4-Way Strawberries	Pasta & Meat Sauce Mozzarella Cheese Green Beans Dinner Roll Fruit Cup	Popcorn Chicken Macaroni & Cheese Broccoli Apple	Cheese Breadsticks Pasta Sauce Salad Mix Carrots Orange	Corn Dog Baked Beans Corn Plum

This institution is an equal opportunity provider. Menu is subject to change without notice.

MEETINGS	UPCOMING EVENTS	UPCOMING DATES
 <p>Wednesday 9/10 Board Meeting 6:00 p.m.</p>  <p>Monday 9/15 FEPTC Online Meeting 5:00 p.m.</p>	 <p>9/12 - 9/26 Cookie Dough Fundraiser</p>  <p>Thursday 9/25 Fire Drill 10:30 a.m.</p>	 <p>Friday 9/19 Professional Development Day No School</p>



NEWS AND INFORMATION



- A HUGE THANK YOU TO EVERYONE THAT CAME OUT TO SUPPORT OUR TREATS WITH YOUR TRIBE EVENT! THANK YOU TO OUR FRONTIER PTC FOR ORGANIZING THIS SUCCESSFUL EVENT AND TO THE FRONTIER STAFF FOR ALL THE HELP!

FRONTIER SPIRITWEAR!

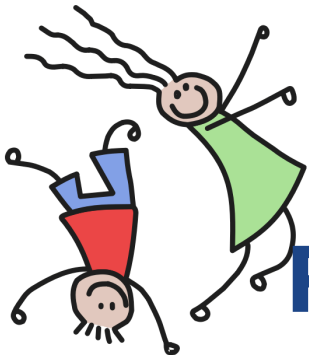
25% OFF SITEWIDE | FREE SHIPPING \$75+

[Click HERE to order your MUSTANG spiritwear!](#)

- **25-26 Annual Update Completion in the Infinite Campus Parent Portal:** Just a reminder to complete the 25-26 annual update in your Infinite Campus Parent Portal. All students must have this completed in order to participate in field trips as well as other activities. Please ensure that this is completed as soon as possible. If we do not have a current update, students will not be able to participate in any field trips. If you need help setting up an Infinite Campus parent account, please call the Frontier Office at 559-585-2430. Thank you.



time to
UPDATE



P A S E



Pioneer After School Enrichment

What is PASE? PASE is a FREE after school program for *qualifying* families for students in grades TK-6.

How do I know if my child qualifies? Each year you must complete the online Interest Form *AND* the Free and Reduced Meal (FRM) Application which is part of the Annual Update in the Infinite Campus Parent Portal. If you qualify for FRM status, you qualify for PASE!

**Frontier Elementary and
Pioneer Middle**



**To start the process,
please follow the QRC and
complete the Interest Form
that goes with your school.**



**Pioneer Elementary and
Pioneer Middle**



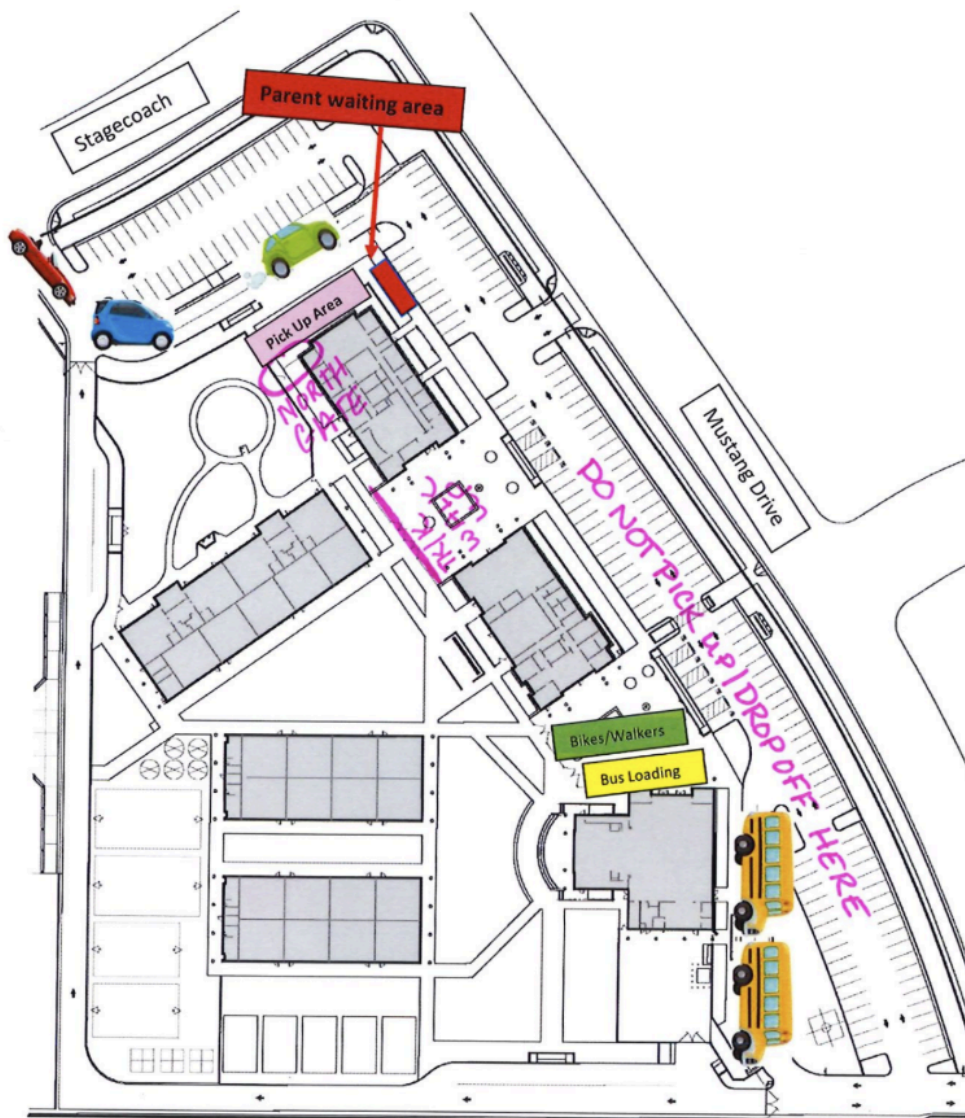
*** DROP OFF/PICK UP PARENT REMINDERS ***

Frontier Parents,

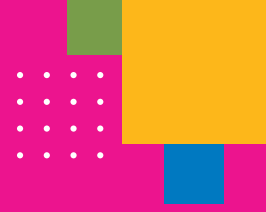


Just a reminder that if your child is brought to school or picked up by car, students should enter through the NORTH gate between the Kindergarten Playground and PUESD District Office. If your child arrives at school or leaves school by car, they should be dropped off/picked up at the north gate. The exception is for TK/K dismissal walk ups. TK/K dismissal walk ups are located between the library and district office. Please help us keep our walkers, bike riders, scooter riders safe by not parking near the front office gate and dropping/picking up students from there.

Parents who walk their children to school from home or plan to walk their child home from school, may pick up at the front office gate. We appreciate your support in keeping our students safe!







When to Keep Your Child Home from School or Child Care



Below are suggestions for when to keep your child home when they are not feeling well. Contact a health care provider if your child needs medical care. A doctor's note is generally not required to return to school or child care. For more information, please visit the [CDPH guidance page](#).



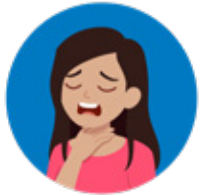
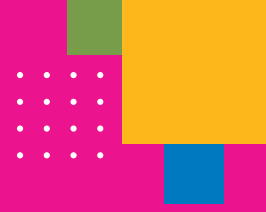
Symptom of Illness	When should my child stay home and when can they return?
 <p>Overall, not feeling well</p>	<p>STAY HOME IF any new illness or symptom prevents a child from participating meaningfully in routine activities.</p>
 <p>Fever</p>	<p>STAY HOME IF a fever is of 100.4°F (38°C) or higher.</p> <p>RETURN WHEN fever went away over the night and is gone in the morning without the use of medications such as Tylenol®, Advil®, or Motrin® (acetaminophen or ibuprofen).</p>
 <p>Vomiting</p>	<p>STAY HOME IF vomiting has occurred 2 or more times in 24 hours.</p> <p>RETURN WHEN vomiting has ended overnight, and your child is able to hold down liquids and food. Recommend frequent handwashing.</p>
 <p>Diarrhea</p>	<p>STAY HOME IF your child's stool is likely to leak from the diaper, or if they are unlikely to make it to the toilet in time (if potty trained). If the stool looks bloody or black, seek medical attention.</p> <p>RETURN WHEN improving. Recommend frequent hand washing.</p>



Scan the QR code find the latest version of this flyer.



When to Keep Your Child Home from School or Child Care



Symptom of Illness

When should my child stay home and when can they return?

Sore throat

OK TO ATTEND WITH MILD SYMPTOMS. Please consider wearing a mask if age 2 years or older.

STAY HOME AND SEEK MEDICAL ATTENTION for difficulty breathing or swallowing, or continuous drooling.

RETURN WHEN IMPROVING. If an antibiotic is prescribed, take the first dose at least 12 hours before returning.



Cold symptoms, such as cough, stuffy/runny nose, sneeze

OK TO ATTEND WITH MILD SYMPTOMS. Please consider wearing a mask if age 2 years or older.

STAY HOME AND SEEK MEDICAL ATTENTION for severe symptoms, including a bad cough, difficulty breathing or trouble catching their breath, or wheezing when not controlled by medication (like albuterol).

RETURN WHEN IMPROVING. If your child will need medication after returning, contact the site to let them know.



Ear or eye irritation, including pink eye

OK TO ATTEND WITH MILD SYMPTOMS. Recommend frequent handwashing.

STAY HOME AND SEEK MEDICAL ATTENTION for difficulty seeing or hearing, an eye injury, or pain they cannot tolerate.



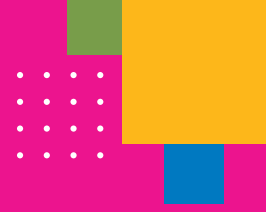
Rash

OK TO ATTEND WITH MILD SYMPTOMS.

STAY HOME AND SEEK MEDICAL ATTENTION if rash is worsening, causing pain, has blisters, or is not healing.


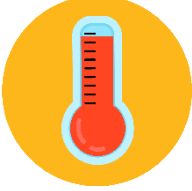


RETURN WHEN IMPROVING or as guided by health care provider. In general, for conditions such as lice, impetigo, ringworm, scabies, and pinworms, your child may return as soon as they start appropriate treatment.

Cuándo no enviar a su hijo a la escuela o a la guardería



A continuación, se encuentran sugerencias sobre cuándo su hijo debe quedarse en casa si no se siente bien. Comuníquese con su proveedor de atención médica si su hijo necesita atención. En general, no se requiere una nota del médico para regresar a la escuela o a la guardería. Para obtener más información, visite la [página de pautas del Departamento de Salud Pública de California \(CDPH\)](#).



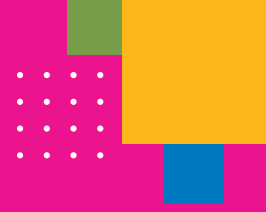
Síntomas de enfermedad	¿Cuándo mi hijo debe quedarse en casa y cuándo puede regresar?
 <p>Malestar general</p>	<p>QUEDARSE EN CASA SI cualquier nueva enfermedad o síntoma le impide participar de manera considerable en actividades de rutina.</p>
 <p>Fiebre</p>	<p>QUEDARSE EN CASA SI tiene fiebre de 100.4 °F (38 °C) o más.</p> <p>REGRESAR CUANDO la fiebre haya desaparecido durante la noche o por la mañana sin usar medicamentos como Tylenol®, Advil® o Motrin® (paracetamol o ibuprofeno).</p>
 <p>Vómitos</p>	<p>QUEDARSE EN CASA SI ha vomitado dos o más veces en 24 horas.</p> <p>REGRESAR CUANDO los vómitos hayan finalizado durante la noche o el niño pueda tolerar líquidos y alimentos. Se recomienda lavarse las manos con frecuencia.</p>
 <p>Diarrea</p>	<p>QUEDARSE EN CASA SI es probable que las heces de su hijo se escapen del pañal o si es probable que su hijo no llegue al baño a tiempo (si sabe ir al baño solo). Si las heces contienen sangre o son negras, busque atención médica.</p> <p>REGRESAR CUANDO mejore. Se recomienda lavarse las manos con frecuencia.</p>



Escanee el código QR para encontrar la versión más reciente de este folleto.



Cuándo no enviar a su hijo a la escuela o a la guardería



Síntomas de enfermedad

Dolor de garganta

¿Cuándo mi hijo debe quedarse en casa y cuándo puede regresar?

PUEDE ASISTIR CON SÍNTOMAS LEVES. Considere colocarle una mascarilla a su hijo si tiene más de dos años.

QUEDARSE EN CASA Y BUSCAR ATENCIÓN MÉDICA si tiene dificultad para respirar o tragar o babea de manera continua.

REGRESAR CUANDO MEJORE. Si se receta un antibiótico, debe tomar la primera dosis al menos 12 horas antes de regresar.

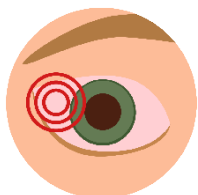


Síntomas de resfrío, como tos, congestión nasal, secreciones nasales

PUEDE ASISTIR CON SÍNTOMAS LEVES. Considere colocarle una mascarilla a su hijo si tiene más de dos años.

QUEDARSE EN CASA Y BUSCAR ATENCIÓN MÉDICA para síntomas graves, incluida tos intensa, dificultad para respirar o sibilancias que no están controladas con medicamentos (como albuterol).

REGRESAR CUANDO MEJORE. Si su hijo necesitara medicamentos luego de regresar, comuníquese con el lugar para informarles.



Irritación en los oídos o los ojos, incluida conjuntivitis aguda

PUEDE ASISTIR CON SÍNTOMAS LEVES.

Se recomienda lavarse las manos con frecuencia.

QUEDARSE EN CASA Y BUSCAR ATENCIÓN MÉDICA cuando su hijo tenga dificultad para ver o escuchar, una lesión ocular o dolor que no puede tolerar.



Erupción

PUEDE ASISTIR CON SÍNTOMAS LEVES.

QUEDARSE EN CASA Y BUSCAR ATENCIÓN MÉDICA si la erupción empeora, causa dolor, tiene ampollas o no se cura.

REGRESAR CUANDO MEJORE o según las indicaciones de un proveedor de atención médica. En general, para afecciones como piojos, impétigo, tiña, sarna y oxiuro, su hijo puede regresar apenas inicie un tratamiento adecuado.

FRONTIER

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GOOD SCHOOL ATTENDANCE MEANS...



ELEMENTARY STUDENTS

read well by the end of third grade

MIDDLE SCHOOLERS

pass important courses

HIGH SCHOOLERS

stay on track for graduation

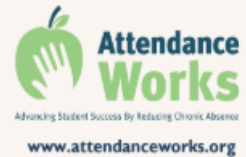
COLLEGE STUDENTS

earn their degrees

WORKERS

succeed in their jobs

Too many absences—excused or unexcused—can keep students from succeeding in school and in life. How many are too many? 10% of the school year—that's 18 missed days or 2 days a month—can knock students off track.



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>No School!!!</p> <p>Labor Day!!!</p> <p><i>Labor Day</i></p>	<p>2</p> <p>Cereal Raisins</p> <p>Mini Corn Dogs Baked Beans Corn Applesauce</p>	<p>3</p> <p>Buttermilk Twin Bar Apple</p> <p>Mini French Toast Pork Sausage Green Beans Blueberries</p>	<p>4</p> <p>Mini Cinnis Cranberries</p> <p>Chicken Sandwich Potato Wedges CA Blend Mixed Vegetables Apple</p>	<p>5</p> <p>Donut Fruit Cup</p> <p>Cheese Pizza Salad Mix Carrots Orange</p>
<p>8</p> <p>Cereal Banana</p> <p>Taco Beef Stick Refried Beans Corn Nectarine</p>	<p>9</p> <p>Muffin - Banana Raisins</p> <p>Grilled Cheese Sandwich Potato Tots Mixed Vegetables, 4-Way Strawberries</p>	<p>10</p> <p>Cinnamon Bun Apple</p> <p>Pasta & Meat Sauce Mozzarella Cheese Green Beans Dinner Roll Fruit Cup</p>	<p>11</p> <p>Apple Frudel Cranberries</p> <p>Popcorn Chicken Macaroni & Cheese Broccoli Apple</p>	<p>12</p> <p>Honey Bun Fruit Cup</p> <p>Cheese Breadsticks Pasta Sauce Salad Mix Carrots Orange</p>
<p>15</p> <p>Cereal Banana</p> <p>Corn Dog Baked Beans Corn Plum</p>	<p>16</p> <p>Benefit Bar - French Toast Raisins</p> <p>Mini Waffles Pork Sausage Green Beans Blueberries</p>	<p>17</p> <p>Buttermilk Twin Bar Apple</p> <p>Beef Teriyaki Dippers Steamed Rice Dinner Roll Cooked Carrots Fruit Cup</p>	<p>18</p> <p>Mini Bagels - Strawberry Cranberries</p> <p>Pulled Pork Sandwich Sweet Potato Fries Mixed Vegetables, 4 Way Apple</p>	<p>19</p> <p>No School!!!</p> <p>PD Day!!!</p>
<p>22</p> <p>Cereal Banana</p> <p>Pork Tostada Shredded Cheese Refried Beans Corn Grapes</p>	<p>23</p> <p>Muffin - Chocolate Chip Raisins</p> <p>Grilled Cheese Sandwich Potato Tots Green Beans Strawberries</p>	<p>24</p> <p>Cinnamon Bun Apple</p> <p>Chili Shredded Cheese Cornbread Muffin Cooked Carrots Fruit Cup</p>	<p>25</p> <p>Mini Cinnis Cranberries</p> <p>Meatball Sandwich Mozzarella Cheese Potato Wedges Cooked Broccoli Apple</p>	<p>26</p> <p>Honey Bun Fruit Cup</p> <p>Cheese Breadsticks Pasta Sauce Salad Mix Carrots Orange</p>
<p>29</p> <p>Cereal Banana</p> <p>Double Dog Baked Beans Corn Pear</p>	<p>30</p> <p>Benefit Bar - Oatmeal Chocolate Chip Raisins</p> <p>Mini Pancakes Pork Sausage Green Beans Blueberries</p>		<p>Pioneer Union Elementary School District</p> <p>*This institution is an equal opportunity provider. *Menu is subject to change without notice!</p>	<p>Breakfast Lunch</p> <p>Assorted Fruit Juice Milk Assorted Veggies & Fruit Milk</p>